

EARLY CHILDHOOD AND ELEMENTARY PHYSICAL EDUCATION WORKSHOP



Developed by the *Council on Physical Education for Children (CPEC)*
Sponsored by the *California Association for Health, Physical Education, Recreation and Dance (CAHPERD)*



MISSION

To provide quality professional development in standards based physical education for pre-school/classroom teachers and physical education specialists/aides.

DRESS FOR MOVEMENT!

FEATURING

Moving Into Standard Four!

Teaching the content in standard four doesn't need to be a lecture. Experience ways to incorporate movement while teaching physical fitness and nutrition concepts, kindergarten through fifth grade.

Google Documents, Forms and Spreadsheets, OH MY!

Design forms for students to fill out online. Keep track of fitness scores. Work with other teachers on new lessons. Learn about Google and how to use their programs to develop forms and spreadsheets. Learn how to share information with other teachers, students, and parents in a "hands-on" learning environment.

Matt Bassett

*Elementary Physical Education Specialist
San Jose Edison Academy, West Covina, CA*

The FUNDamentals of Moving

These will be activities to get students moving using their bodies and the basics of movement. Activities will feature fun music and versatile activities that can be done in spaces both big and small. Sure to put a smile on your students faces!

Seth Martin

*Elementary PE lead
Lake Tahoe USD*

SATURDAY, FEBRUARY 4, 2012

8:00 am to 4:00 pm - Check in at 7:30 am

1 hour lunch break – lunch not provided

CALIFORNIA STATE UNIVERSITY, SACRAMENTO

Yosemite Hall

CAMPUS PARKING FEES IN EFFECT

WORKSHOP COORDINATOR:

Cindy Lederer

cindyled@cssac.net

707-980-2966

Not Your Standard Dance Unit: Ideas to Address the Kindergarten through 5th Grade Rhythmic Skills Content Standards

Attendees will be engaged in several energetic "rhythmic skills" activities and dances designed to challenge and excite! A multitude of Kindergarten through 5th grade standards-based, rhythmic activities will be presented in order to provide participants with ideas to make connections between the rhythm standards and student learning.

Dr. Julie Kuehl-Kitchen

*Associate Professor
CSU Sacramento*

Classroom without Walls

Teaching outside, in a large gym and/or alongside other classes, requires unique ways to manage a class of students. In this session you will experience variety of ways to handle different areas you might have at your school site. Need your class to get into groups for a standard base activity? No problem. There are many ways to use health & fitness terms to do so. Come join the fun, bring a smile and be ready to move.

Cindy Lederer

*Elementary/High School Physical Educator
Fairfield-Suisun USD*

By attending this workshop you are agreeing to be video taped for the CPEC Website.

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Saturday, February 4, 2012 – California State University, Sacramento

ON-SITE REGISTRATION FORM

Individual Group* (each individual must complete a form and all forms must be sent at one time, see below*)

Full Name: _____

School District: _____

Home Address: _____

City/State/Zip: _____

Daytime Phone: (____) _____ Email: _____

REGISTRATION FEES: (CHECK ONE)

	Individual Rate
Professional CAHPERD Member	<input type="checkbox"/> \$55.00
Professional Non-Member	<input type="checkbox"/> \$75.00
Student CAHPERD Member	<input type="checkbox"/> \$20.00
Student Non Member (must show student ID)	<input type="checkbox"/> \$30.00

TOTAL COST: \$ _____

PAYMENT METHOD:

CASH

CHECK # _____ Make checks payable to CAHPERD.

PURCHASE ORDER # _____ Attach a copy of the Purchase Order.

CREDIT CARD Visa MasterCard

Credit Card # _____ Exp. (MM/YY) _____

Name on Card: _____ Signature: _____

If you wish to receive a receipt for credit card charges, please provide your e-mail address in the appropriate section above.

Please complete and bring this form to the On-Site Registration.

Workshop Information:

- By attending this workshop you are agreeing to be video taped for the CPEC Website.
- Parking permits are an additional fee and may be purchased upon arrival.
- Dress for movement.