



CAHPERD LEADERSHIP WORKSHOP

Saturday, September 11, 2010

- What is CAHPERD?
 - Governed by Constitution & By-Laws.
 - Vision set by Leadership; managed day-to-day by CAHPERD State Office Staff.
 - CAHPERD leaders represent discipline, geography, and HPERD.
- What does it mean to be a leader in CAHPERD?
 - Displaying the importance of Professional Development.
 - Example for Peers.
 - Advocacy for HPERD.
 - Representing members' interests and needs.
- What does it mean to be a member of the Board of Directors? House of Delegates?
 - "Fiduciary Responsibility" - BOD is the only and *final* governing body of CAHPERD responsible for fiscal, legal and policy decisions.
 - HOD shall initiate and transact any business of CAHPERD & represent their Constituencies when setting CAHPERD priorities.
 - Executive Team or "Administrative Committee" makes recommendations to BOD/HOD and represents leadership, proposing direction and programs to meet needs of membership.
- What did you sign up for?
 - Number one priority: recruit membership. You are CAHPERD's best resource for growth & relevance.
 - Page 16 of Leadership Manual.
 - Check your Operating Code (is it still current & relevant?).
 - Goals for the year for your group? Alignment with President's goals?
 - State Conference responsibilities.
 - New this year - regional conferences & other opportunities.
 - New this year - Your Web Page!
- You are not alone! What the State Office & Your Fellow CAHPERD Leaders can provide:
 - Reimbursement & other forms.
 - CAHPERD Letterhead/envelopes.

- Publications, membership tools/brochures, flyers, applications, etc.
- General Media Releases & Fact Sheets.
- Legislative information & Position Papers.
- Targeted communications (E-Blasts) and some mailing lists.
- Membership PowerPoint Presentation (that may be personalized for your needs or group).
- Web Page; soon to be Podcasts, Webinars, and sample lesson plans.
- Sample letters and letters of support.
- What are President Latham's Goals for 2010-2011? What is his Conference Theme?
 - "CAHPERD California Congress on Creating the Healthiest Children in America" - March 11-13, 2011.
 - Monterey Conference Center & Portola Hotel & Spa.
 - How will your Division/Group/Region support this effort?
- What should you know about Legislative matters in 2010-2011?
- CAHPERD's California Endowment Project and How Your Group Fits In:
 - Endowment wants to know:
 - "What went right?" in last ten years in California Physical Education? (Generally & specific to the CAHPERD group you represent).
 - "What went wrong?" in the last ten years in California Physical Education?
 - What opportunities and challenges are we facing now and in the future?
 - How do we increase MVPA within California Physical Education?
 - How do we enforce the number of mandated P.E. minutes?
 - What should CAHPERD be doing to address these issues or promote these opportunities?
 - With which groups should we be working to do the aforementioned?
 - Break up into sub-groups by Discipline, Region or Sub-Group for discussion with Facilitator.
 - Prioritize to identify top three suggestions.
 - What will your group do to help CAHPERD address these issues?
 - Facilitators to share top three with total group.
- What next?
 - Plan for State Conference/Congress speakers and invitations.
 - Plan for regional or sub-group event/activity (as appropriate).
 - Plan for addition or update to Web Page(s) and next Journal.